

A taste of the Med' comes to Cupar

Fife diners now have the opportunity to sample a taste of the Mediterranean at Cupar's newest restaurant, Cafe Montmartre.

The new venue sees a return to the region for Thierry and Anne Haddanou - Thierry a convivial front-of-house presence, Anne exercising her skills in the kitchen.

Both are well known in the area, having run the similarly named restaurant in Broughty Ferry for many years before heading off to Aberdeen - and further afield - for several years.

Now in their new Bonnygate bistro the couple aim to bring a taste of the south of France to Cupar. And their all-day - and evening - restaurant offers a wide range

of flavours. From more casual meze and tapas-style sharing plates to fine dining dishes, diners will find something to suit any taste.

Thierry describes it as "serving French food with a Mediterranean twist - which will meet a gap in the market not just in Cupar but, I hope, across Fife."

Food ranges through breakfast dishes and sandwich lunches to stunning dinner dishes.

It would be easy to spend the day chatting with Thierry while sampling Anne's delicious food. Start in the morning by choosing French brioche toast with bacon and maple syrup, or a home made crepe, or mascarpone with fresh berries before moving

on to morning coffee with one of Cafe Montmartre's delicious pastries.

For lunch try the meze/tapas which Thierry describes as one of the most delightful experiences of the Mediterranean countries - food to be enjoyed in an unhurried way.

"They're one of our specialities," he says, "something people coming in for lunch can share. And it doesn't need to break the bank to have a good meal here."

Those who prefer something more traditional can enjoy a range of sandwiches, home made soup or a selection of dishes that includes Shetland mussels, merguez grillées piquantes - chargrilled homemade spicy lamb sausages, and that delicious



Cafe Montmartre Cupar proprietors Anne & Thierry Haddanou

traditional French snack Croque Monsieur or add an egg for Madame. And to finish there's a range of French desserts on the menu.

Moving into the evening and there are two menus - a table d'hôte menu priced at £15.95 for two courses or £18.95 for three, served between 4.45 pm and 6.45 pm during the week, and a more extensive a la carte menu.

The small but perfectly formed table d'hôte menu features typically French dishes including oven-roasted sea

bass on puy lentils - Roti de file de Loup de Mer au Puy Lentilles - and the glamorous-sounding Tagine de Poulet à la Marrakech, slow cooked chicken in saffron sauce. Before that, diners could try the steamed asparagus with a poached egg, and for those with a sweet tooth there's an enticing creme brulee featured on the menu.

But it's the a la carte menu that really demonstrates Anne's skills, from pan fried prawns in garlic butter, to escargots to foie gras on brioche

to start with, through confit duck - which Anne flags up as another of her specialities - with flageolet beans, or char grilled pork medallions to a selection of cheeses or chocolate mousse and coupled with an extensive wine list an evening's fine dining is guaranteed.

Thierry and Anne aim to source much of their food locally, but also enjoy good links with suppliers in France so it really is an authentic French experience to be savoured in a welcoming atmosphere.



French & Mediterranean Bistrot

Serving Breakfast,
Lunch, Afternoon Tea
and A la carte

Opening Times

Monday Closed

Tuesday - Saturday 10:00 - 21:00

Sunday - 12:00 - 18:00



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